

Armed Forces College of Medicine Anatomy departement



Nerves of the hand

INTENDED LEARNING OBJECTIVE (ILO)

- 1. Describe course, main relations and distribution of ulnar, median and radial nerves in hand
- 2. State the course and branches of radial and ulnar arteries in hand

Nerves of palm of the hand

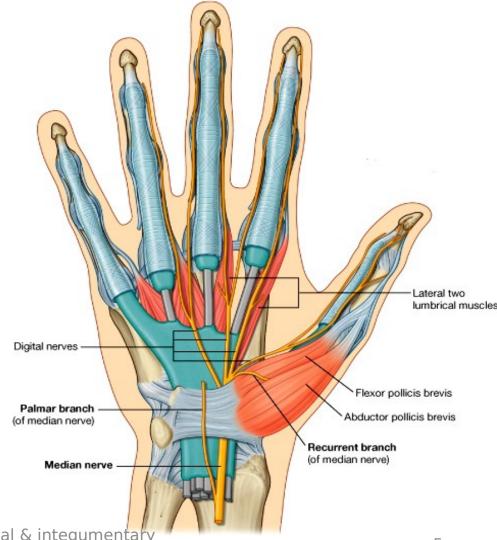


- I. Median Nerve
- **II.** Ulnar Nerve
- III. Radial nerve

I. Median Nerve



- It enters the palm by passing deep to the flexor retinaculum through the carpal tunnel.
- At first, it lies between the retinaculum & ulnar bursa and then, in the palm, it lies deep to the superficial palmar arch.

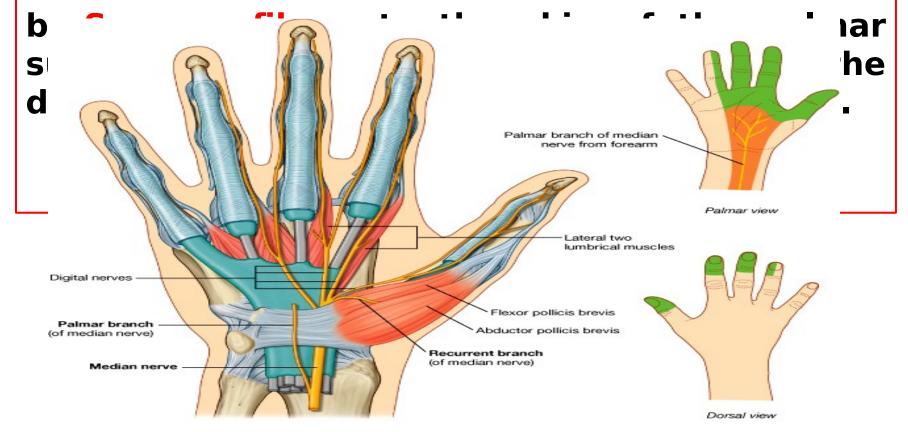


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dividing modulævier. Drake et al: Gray's Anatomy for Students - www.studentconsult.com

♦To summarize: In the hand, Median nerve, supplies:

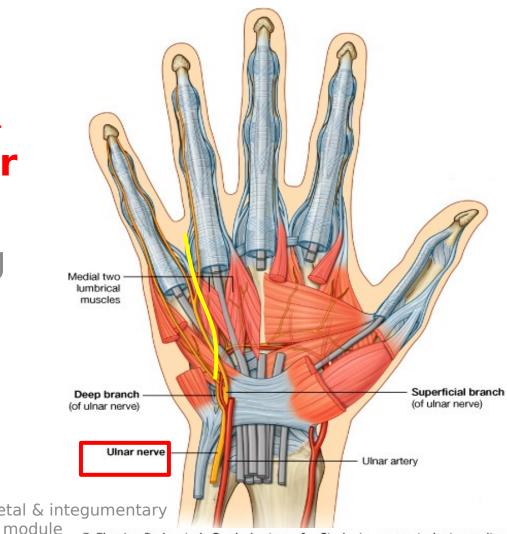
a. Motor fibers to 5 muscles: 3 muscles of thenar eminence + 1^{st} & 2^{nd} lumbricals (L1 & L2).



II. Ulnar Nerve



- ✓ It enters the palm
- ✓ Superficial to the flexor retinaculum
- √ medial to the ulnar artery.
- ✓ It ends by dividing into superficial & deep terminal branches
- ✓ Most important nerve in the hand



Ulnar Nerve:

In the hand, Ulnar nerve supplies:

☐ Motor fibers to 15 muscles:

✓ 1 by superficial branch palmaris brevis

√ 14 by deep branch.

Adductor pollicis.

hypothenar eminence

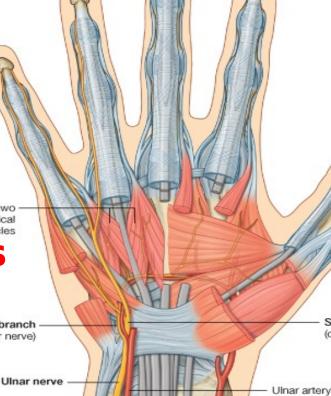
Medial 2 lumbricals

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(L3 & L4).

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All interosseii



Superficial branch

Dorsal branch

(of ulnar nerve)

Ulnar Nerve

□**Sensory fibers**

to the skin of the palmar surface of the medial 1½ fingers and the dorsum of their terminal & middle phalanges.

Note: branch of ulnar nerves that supply skin of medial 1 ½ of palm and dorsum of hand are

Area of distribution of superficial branch of ulnar nerve in hand Palmar branch of ulnar nerve from forearm Palmar view Superficial branch (of ulnar nerve) artery Dorsal branch of ulnar nerve from forearm

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arised in the forearm

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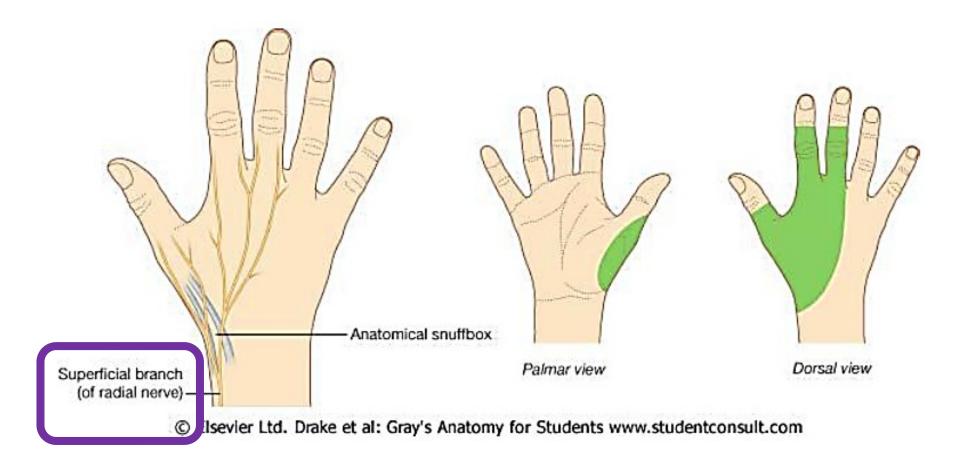
Dorsal view

Ulnar Nerve

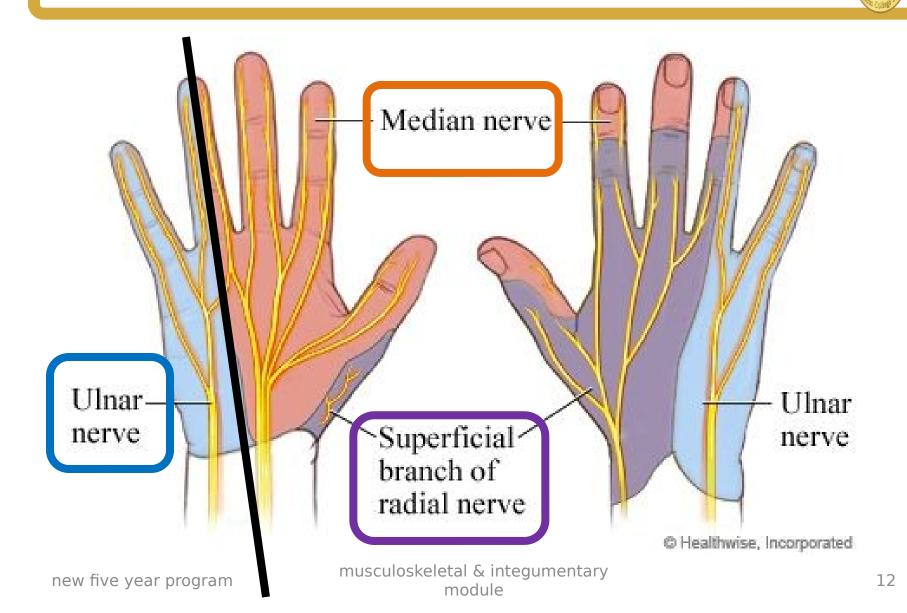
- **♠To summarize**: In the hand, Ulnar nerve, supplies:
- a. Motor fibers to 15 muscles: 1 by superficial branch & 14 by deep branch.
- b. Sensory fibers to the skin of the palmar surface of the medial $1\frac{1}{2}$ fingers and the dorsum of their terminal & middle phalanges.

III. Radial nerve





utaneous nerve supply of the hand



utaneous nerve supply of the hand

nedian nerve

ulnar nerve

palmar cutaneous branch of median n.

palmar digital branches of the median nerve. palmar cutaneous branch of ulnar n.

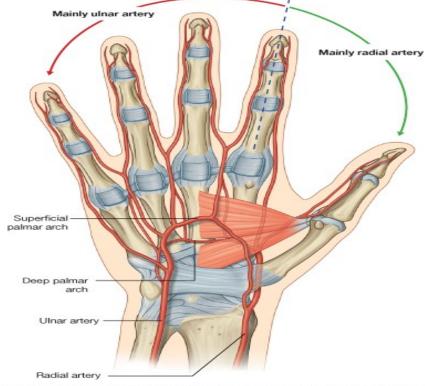
superficial terminal branch of ulnar n.

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Arteries of palm of the hand



♦These are the terminations of the ulnar & radial arteries which form 2 arches in the palm; the superficial & deep palmar arches respectively.



Arteries of palm of the hand



Superficial palmar arch It is the termination of the ulnar artery and is completed superficial palmar branch / of the <u> pradial</u> artery Proper palmar digital arteries Palmar metacarpal Common palmar digital Palmar digital artery Superficial palmar arch Deep palmar artery Thenar muscles Ulnar nerve Radial artery

Deep palmar arch It is the termination of the radial artery and is completed by the deep branch of the artery Mainly radial artery Radialis indicis Palmar metacarpal rinceps arteries pollicis artery Perforating artery Adductor pollicis muscle Deep branch of ulnar artery Deep palmar arch Ulnar artery Radial artery Ulnar nerve musculoskeletal & integumentary

I. Ulnar Artery



It enters the palm superficial to the flexor retinaculum

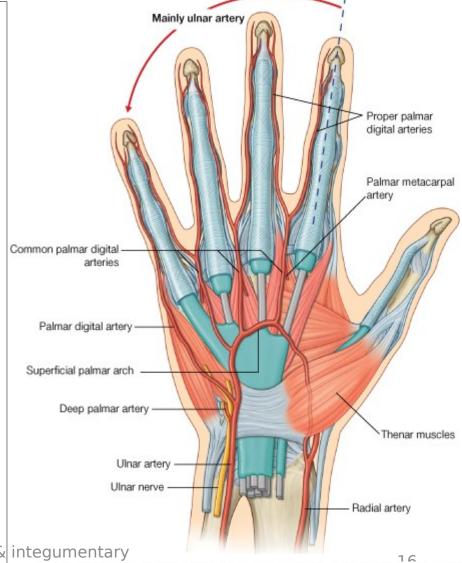
.The ulnar artery gives off the deep branch.

Then, it curves laterally across the palm forming the

_ [] superficial palmar arch

with its convexity directed distally.

The deep branch passes integumentary musculoskeletal & integumentary



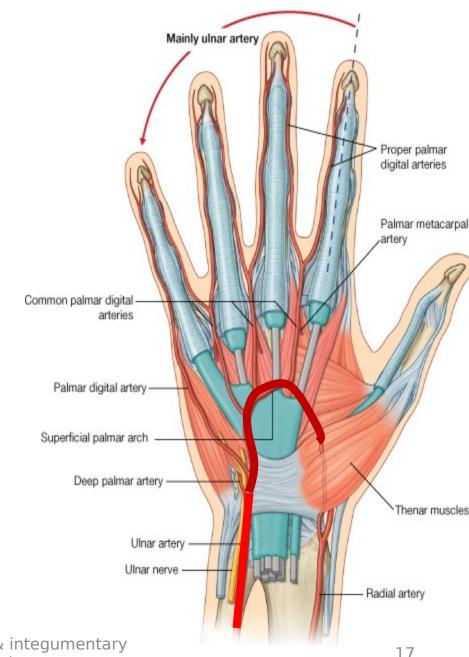
between the abductordule © Elsevier. Drake et al: Gray's Anatomy for Students - www.studentconsult.com

Superficial palmar arch:

It is the termination of the ulnar artery and is completed by the superficial palmar branch of the radial artery.

Branches:

- 1. 3 <u>common palmar</u> <u>digital arteries</u>
- 2. Palmar digital artery to the medial side of the little finger.



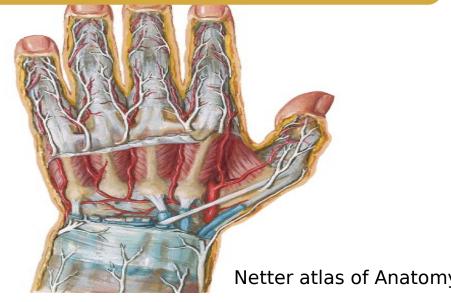
II. Radial Artery

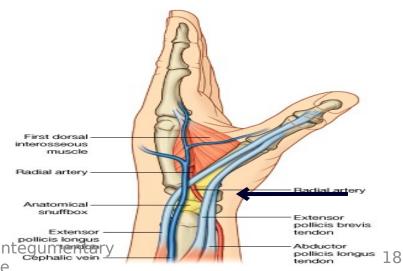


.It leaves the anatomical snuff box to enter the palm by passing between the 2 heads of the dorsal **1**st interosseous muscle and then between the heads of adductor pollicis (oblique transverse heads).

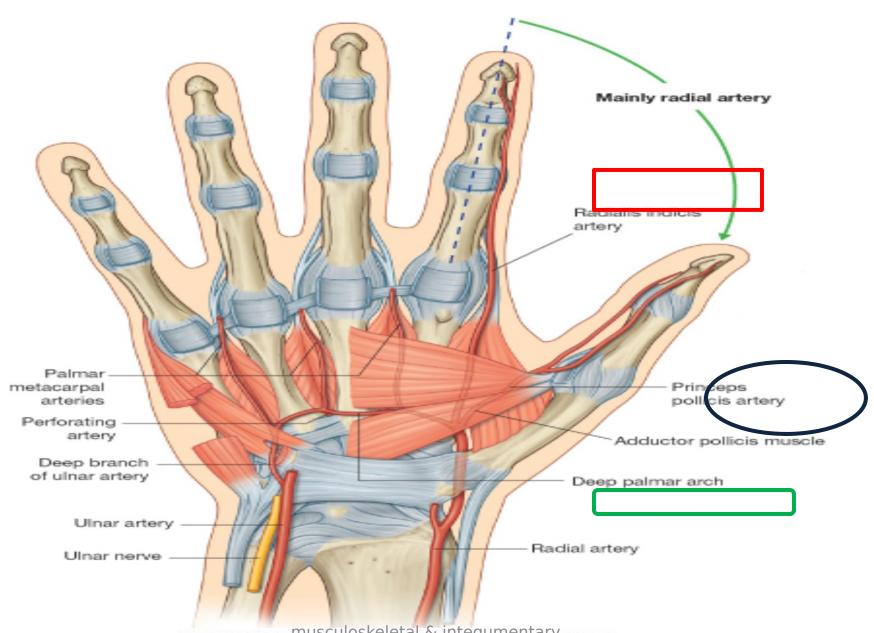
.It gives 2 branches in the palm.

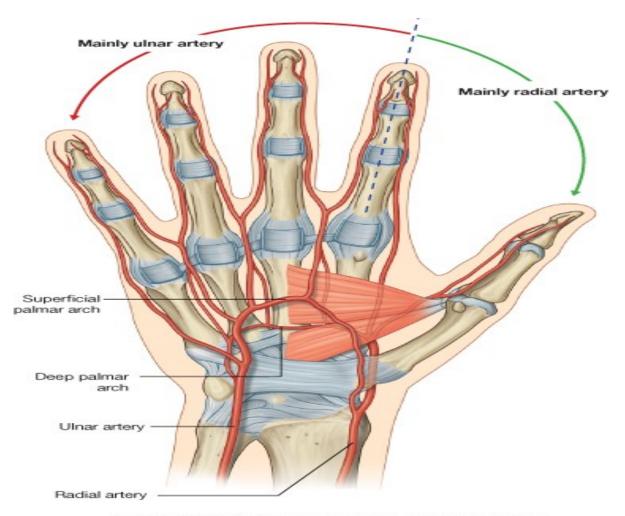
Then it runs medialty integuments module of the local seven program across the bases of the control of the local seven program across the bases of the local seven program across the local





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Branches of radial artery in the palm:

- 1. Princeps pollicis artery:
- 2. Radialis indicis artery:

Deep palmar arch:

- .It is the termination of the radial artery and is completed at the base of the 5th metacarpal bone by the deep branch of the ulnar artery.
- 3 palmar metacarpal As
- 3 proximal perforating As

Recurrent branches → Join the anterior (palmar) carpal arch.

Lecture Quiz



a) Describe formation of palmar arches

b) Describe sensory innervation of the hand

SUGGESTED TEXTBOOKS



Clinical Anatomy by Regions, 9th edition, 2011, Snell RS, Lippincott, Williams and Wilkins

Atlas of Human Anatomy, 6th edition, 2014, Netter F.H.

Gray's Anatomy for students, 2nd edition, 2011, Drake R. et al, Churchill & Livingstone

